



deep SHIFT

Explore the depths and richness
of perennial wisdom

"To grow toward love, we must be moved
from Order to Disorder and finally to Reorder."

~ Richard Rohr

All Saints'
Episcopal
Church
Corpus Christi

ACADEMY OF
SPIRITUAL
FORMATION

We invite you to join us on a great adventure:

a deep exploration
of the perennial
wisdom tradition
found within
Christianity and
many of the world's
great religions.

Our guides are mystics,
contemplatives, and
teachers throughout the
ages who have traveled
in realms where both
the mundane and the
extraordinary mingle with
the world of the spirit,
where all things are made
whole. Reflecting on the
experiences of their lives,
as well as our own lives,
many of us have found
ourselves drawn to
shifts in perspectives
and deeper experiences
of the Divine.

**Within a small group over a two-year period,
we will journey through deep and diverse
spiritual topography in our weekly reading and
listening, shared reflection, and contemplation.**

Though this has been a well-traveled path over
centuries, it remains an uncommon one in
today's world. The journey will require an open
heart, open mind and a desire to follow your
spiritual longing. The teachings we will
encounter have a legacy of awakening and
transforming people, resulting in deep shifts in
their way of seeing and being in the world.

**Our 2022-2023 Deep Shift facilitators,
Debbie Dunham and Debra Hernandez,
invite you to apply now for the Deep Shift
group that starts on January 11, 2022.**

Applications will be accepted through Dec 11.*

1} Email a photo or scan of your completed application to
deepshift@allsaints-cc.org

2} One of the facilitators will follow-up with a phone
conversation to answer your questions, share
expectations for participation, and let you know when you
can expect to be notified of your acceptance.

***NOTE: Applications are processed in the order they are
received - with up to 8 members accepted.**

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Learn more at allsaints-cc.org/the-academy

Enrollment criteria:

1 Community. Enrollment is not exclusive to the All Saints' Church community or the Corpus Christi, Texas area: however, a connection to a spiritual community wherever you live is most helpful for this experience.

2 Creating space for spiritual friendship. Let us gather with intention and an open, kind and generous heart to share in creating a group dynamic where spiritual friendships are nourished.

3 Claim your priorities. This 2-year exploration requires your commitment of time and energy. Claiming this as a priority has the power to be life-giving and life changing for you – and for your fellow pathfinders.

Group size:

Up to 8 participants, in addition to the two facilitators

Meetings:

Weekly, Tuesdays from 6:30-8:00 pm. We plan to meet via Zoom so that we can include applicants outside of the Corpus Christi area. However, should the group turn out to be all local, we have the option to meet in-person should Covid-19 precautions be relaxed.

Dates:

Jan 11 – May 31 and Sep 7-Dec 15, 2022. Similar dates in 2023.

Dates and logistics for breaks, orientation and any other special gatherings will be determined with member participation.

Study:

Weekly reading (up to 50 pages) or listening (podcasts/videos) with self-reflection and notes for group sharing. Self-study summer assignment each year.

Spiritual practice:

Contemplative practices of prayer and silence will be introduced and incorporated into group time. Participants are asked to commit to (or continue with) a regular contemplative practice of their choosing.

Cost:

\$35 per year, *after your acceptance*, due each January, to help cover administrative costs. Participants are also responsible for purchasing the assigned books – approximately 15 books over the two year period (estimating a total cost of about \$325 for new books). Partial scholarships for this fee are available by request.

Steering committee:

Please share your interest or questions with any member of this team. They all are involved in the long-term oversight and planning for Deep Shift. Members include Debbie Dunham, Gayle Gottlich, Jan Hilton, Pam McDowell, Debra Hernandez and the Rev. Jonathan Wickham.

Deep Shift is a regular offering through the All Saints' Academy of Spiritual Formation, with a new group starting every one or two years. **For more information, visit allsaints-cc.org/the-academy**

2022-2023 DEEP SHIFT APPLICATION

Name:

Mailing address with zip code:

Phone:

Check one: Mobile Land line

If mobile, may we text you? Yes No

Email:

Your spiritual community:

A few words about why you would like to be part of Deep Shift:

Date of application:

Applicant's signature:

Please email your application and/or questions to: deepshift@allsaints-cc.org. **Deadline: 12/11/21.**
We look forward to another wonderful Deep Shift group experience - let us know if you are interested!