

NEW YEAR'S EVE

VIRTUAL LABYRINTH WALK

The All Saints' Episcopal Church "New Year's Eve Labyrinth Walk" has been one of our most cherished annual traditions. It allows us to reflect on the past year and meditate on our hopes for the year to come. As we approach the end of 2020 and reflect on this very challenging year, our need for focus and prayer seems especially pertinent — this is why we were inspired to develop an alternative avenue for Labyrinth Ministry. This year, in lieu of a physical Labyrinth Walk, we have generated a *virtual* New Year's Eve Labyrinth Walk, so we can continue our tradition of beginning a new chapter of our lives with deep prayer and meditation.

If this year has taught us anything, it's that we are all embarking on a journey. Like the story of Mary, we are migrating, traveling, and moving into the next chapter of who we are and where we have been led. Movement is a process— a process marked by deep shift and transformation. We are not the same once we reach our destinations, our goals, or — in this particular case — the center of our Labyrinth Walk.

Now is the time to quiet down and ask yourself: What journey is God now calling me to say "Yes!" to? When you're ready, place one foot in front of the other and step forward.

Attached is a printed labyrinth that you can use to "walk" into with your finger, while in the safety and comfort of your own home. We invite you to play some meditative music and quiet your mind as you walk into this Labyrinth. You may also want to download a virtual finger labyrinth onto your tablet or smart phone via the **Labyrinth Journey App** (<https://www.labyrinthjourney.app>). You might even want to decorate and create your own finger labyrinth by following these instructions: https://art.tfl.gov.uk/labyrinth/wp-content/uploads/2013/05/Worksheet_How-to-draw-a-labyrinth.pdf.

Whatever your journey may be, we pray that your Labyrinth Walk and meditation is fruitful, enlightening, transformative, and full of aspirations for this coming year.

Many Blessings to You and Yours,

Laura Wright, Gayle Gottlich, Alice Berecka, and Michael Quintana

P.S.: To see the labyrinth we house at All Saints', visit: <https://www.allsaints-cc.org/the-labyrinth>





The Baltic Labyrinth by Alice Berecka

A Taize Christmas Prayer

Christ Jesus, inner light in this Christmas season and on this eve of a new year, you send your peace upon us; it is kindness; it leads to a change in our lives. And then an inner voice arises in us, and that voice is already our prayer. If our lips keep silent, our heart speaks to you and listens to you. In this way, the will of your love is accomplished within us. AMEN.